



# What drives our PE Curriculum?

At St. Joseph's we place a strong emphasis on providing a primary curriculum that is driven by faith, enrichment, equality, learning for life, and oracy. Our curriculum aims to enhance the educational experience of all pupils by providing opportunities for intellectual, social, and personal growth.

## Faith in PE

Our curriculum helps pupils to develop a deep understanding of their faith and how it informs their lives and interactions with others.

Throughout our PE curriculum, we promote core values such as teamwork, cooperation and supportive partnerships. There is a huge emphasis on encouraging children to be the best they can be whilst supporting the achievements and progress of their peers.

The topic of faith is threaded through the PE curriculum. We offer our children opportunities to appreciate all faiths. Children are supported to grow in confidence in PE, viewing themselves as God's creations and fulfilling their potential.

## Equality and Diversity in PE

Our curriculum ensures that every student has access to a high-quality education regardless of their background or abilities. We reflect the diverse needs and interests of our pupils, providing a level

Our PE curriculum is inclusive and ambitious for all of our children. We aim for them to access appropriately challenging PE lessons. All children access this regardless of additional need, disadvantage or social circumstance. Where needed, children receive carefully planned intervention or scaffold so that they access the curriculum fully. In designing our PE curriculum, we have carefully tracked the progress of skills children will acquire from Reception through to Year 6 to ensure they are confident and secure in their knowledge and skills ready for the next stage in their education.

## Enrichment in PE

We believe that pupils should be challenged and inspired in their learning. Our curriculum offers a range of extra-curricular activities and opportunities for pupils to explore their passions and interests, fostering creativity and criti-

We aim to ensure all children (regardless of additional need, disadvantage or social circumstance) receive a high quality PE education. We provide high quality opportunities for children to participate in competitions and extra curriculum activity. P

## Learning for Life in PE

We aim to prepare pupils for the challenges and opportunities of the future. Our curriculum provides pupils with the skills, knowledge, and attitudes needed to succeed in a rapidly changing world, fostering independence, creativity, and critical thinking.

The knowledge and skills children develop through our ambitious PE curriculum ensure that they are fully equipped for the next stage of their education. We want every one of our children to develop a love of PE and to understand ways they can keep their minds and bodies healthy. We aim to ensure the learning and skills they acquire are lifelong. We aim to foster children's specific skills set and provide them with opportunities to become the very best they can be.

## Oracy in PE

Our curriculum provides pupils with opportunities to develop their speaking, listening and eloquence to raise aspirations and prepare them for a lifetime of confident and effective communication.

In school, oracy is a powerful tool for learning; by teaching students to become more effective speakers and listeners we empower them to better understand themselves, each other and the world around them. Teachers skilfully model oracy in PE lessons and empower children to confidently take part in discussions.



## Intent

At St. Joseph's we believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health and wellbeing. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills regardless of their starting point, additional need, disadvantage or social circumstance. We want to teach children skills to keep them safe such as being able to swim. We want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and equity of play to embed life-long values. Our curriculum aims to improve the wellbeing, health and fitness of all children. At St. Joseph's we drive our learning through faith, equality and diversity, enrichment, life long learning and oracy. Our broad curriculum ensure all children enrich their learning through extra curricular activities and competitions during which they gain skills for life.

### Development Priorities:

- Utilise playground leaders to develop more active breaktimes for all.
- Create more opportunities for intra-school competition (class v class, girls v boys, personal best etc).

## PE at St. Joseph's

## Implementation

PE at St Joseph's provides challenging and enjoyable learning through a range of sporting activities including; invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor & adventure.

The long term plan sets out the PE units which are to be taught throughout the year and ensures that the requirements of the National Curriculum are fully met.

The long term plans are carefully mapped out to ensure children can draw on knowledge and skills from previous year groups and so we can ensure clear progression that starts in EYFS all the way through to Year 6 to ensure that children are ready for the next stage in their education.

Pupils participate in high quality PE lessons each week, covering two sporting disciplines every half term. In addition, children are encouraged to participate in the varied range of extra-curricular activities. Lunch time sports clubs are available each week and children can attend after school sport clubs three evenings per week.

We carefully track the participation of SEND and PP children in these clubs ensuring they are given opportunities to access the provision.

Children are invited to attend competitive sporting events within the local area. This is an inclusive approach which endeavors to encourage not only physical development but also mental well-being. These events also develop teamwork and leadership skills and are very much enjoyed by the children.

A small group of Year 6 children are invited to become Sports Leaders for the school. They develop into sporting role models for the younger children, assisting with lunch-time clubs, our annual Sports day and any other Sporting activities.

In Year 4 children access swimming lessons once a week. Any children that are unable to swim can be provided with 'top up swimming lessons' in Year 5 and 6.



## Impact

We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.

### Strengths:

- All children are given the opportunity to represent the school at sports events.
- SEN and PP children are prioritised when considering extra-curricular activities.
- Our curriculum is mapped clearly to ensure progression between year groups and that skills are embedded so that children are ready for the next stage of their education.
- Children are developing a love of PE.
- Physical and mental health and wellbeing is at the forefront of lessons.
- Our curriculum drivers are evident in lessons.
- 97% of children achieve safe swim by the end of KS2.
- Affiliation with the Gateshead SSP means links with our cluster schools are strong.
- Specialist PE coaches mean children are receiving quality first teaching.



## PE—Curriculum Coverage



	Autumn	Spring	Summer	Notes
Reception	<u>Invasion Games</u> Ball Skills Tag Rugby	<u>Dance and Movement/ Team Games</u> Hand Hockey Gymnastics Golf	<u>Striking and Fielding</u> Athletics	Continuous Provision 1 Coaching block per year provided by the SSP.
Year 1	<u>Invasion Games</u> Ball Skills Tag Rugby Golf	<u>Dance and Movement/ Team Games</u> Hand Hockey Gymnastics	<u>Striking and Fielding</u> Athletics Cricket and Fielding	1 Coaching block per year provided by the SSP.
Year 2	<u>Invasion Games</u> Basketball Tag Rugby Golf	<u>Dance and Movement/ Team Games</u> Hand Hockey Gymnastics	<u>Striking and Fielding</u> Athletics Cricket and Fielding	1 Coaching block per year provided by the SSP.
Year 3	<u>Invasion Games</u> Basketball Tag Rugby	<u>Dance and Movement/ Team Games</u> Hockey Gymnastics Golf	<u>Striking and Fielding</u> Athletics Cricket and Fielding	1 Coaching block per year provided by the SSP.

Year 4	<u>Invasion Games</u> Basketball Tag Rugby Swimming	<u>Dance and Movement/ Team Games</u> Hockey Gymnastics Swimming Golf	<u>Striking and Fielding</u> Athletics Cricket and Fielding Swimming	1 Coaching block per year provided by the SSP.
Year 5	<u>Invasion Games</u> Basketball Tag Rugby	<u>Dance and Movement/ Team Games</u> Hockey Gymnastics	<u>Striking and Fielding</u> Athletics Tennis Cricket and Fielding Golf	1 Coaching block per year provided by the SSP.  Dance Teacher provides extra curricular specific to the dance festival.
Year 6	<u>Invasion Games</u> Basketball Tag Rugby	<u>Dance and Movement/ Team Games</u> Hockey Gymnastics	<u>Striking and Fielding</u> Athletics Tennis Cricket and Fielding Golf	1 Coaching block per year provided by the SSP.  Dance Teacher provides extra curricular specific to the dance festival.  Funding is spent on top up swimming lessons (cohort dependent).